



FH SWITZERLAND
FOOD FOR THE HUNGRY



Water is life!

Access to drinking water, sanitation and hygiene is the most fundamental human need for health and well-being. Find out more about our actions to promote access to water in Burundi, Rwanda and Uganda.

Spring 2024



Your donation
in good hands.

ACCESS TO DRINKING WATER IS CRUCIAL TO LIFE.

« Thanks to this new tap, we no longer have to travel long distances to fetch water, which saves us time and effort. The water from the taps is very clean, which has considerably reduced the number of cases of diarrhea. We have enough water for drinking, hygiene, cooking and washing clothes and utensils. I'm proud that our village finally has access to running water, because it's a dream come true. I'm very grateful to Food for the Hungry for making it possible for our village to have clean, healthy water.

Monica, Uganda



Through our actions, we are helping to improve access to water for the populations we support. Depending on the context of each region, our activities differ: in Uganda, we contribute to the construction of boreholes to draw water from deep underground; in Burundi, we participate in the extension of water supply networks; and in Rwanda, we support farmers by providing treadle pumps to facilitate irrigation.



IN BURUNDI

In Burundi, there are many hills, and to get water close to the villages, it is necessary to put in place infrastructure to bring the water for where it is used.

Achievements

In the north of Burundi, in the province of Mwumba, we supported a 1.5 km water extension giving access to drinking water to two new villages, home to over 8,000 people.





IN RWANDA

In Rwanda, the dry season is fairly short. In a country of many hills, one of the challenges associated with water is getting it to where it is needed. Whether it's for drinking or for irrigation, you need the means to get the water to the right place.

Achievements

In the Bwira region of eastern Rwanda, we support farmers with treadle pumps for irrigation. This pump uses only mechanical energy (no fuel). Two people work together to use it, one can pump and the other can irrigate the crop.



IN UGANDA

In north-eastern Uganda, in the arid region of Amudat, the lack of access to drinking water is a problem. To gain access to water, the inhabitants are used to digging holes in the sand to tap into the water table. But this is only possible during the wet season. These springs are shared with domestic and wild animals, which poses hygiene problems. During the dry season, the women have to walk several kilometres to find water.

Achievements

Eleven boreholes have already been built and four new wells will be drilled in the Amudat district.

We are also training user committees to manage and maintain the new water sources.



Yes, I would like to support FH Switzerland's efforts to provide access to water.



With
185.-

In Rwanda

For example, you could donate a treadle pump to a farmer.



With
60.-

In Uganda

You're helping to finance a new borehole (total cost: CHF 10,000).



With
30.-



In Burundi

You are financing 4 metres of pipe to continue extending the water supply networks.

You can make your donation :

- via our donation form on our website fhsuisse.org
- by bank transfer to **our postal account**
CCP 23-560722-6, IBAN CH81 0900 0000 2356 0722 6
- by **Twint**, below

Donate now with **TWINT!**

-  Scan the QR code with the TWINT app
-  Confirm amount and donation



Many thanks for your support.

Join FH Switzerland by becoming a member of our association!



Member benefits

By becoming a member of FH Switzerland, you enable us to pursue our mission every year, thanks to the contributions you make available to us.

As a member of FH Switzerland, you will:

- Receive information on the progress of our projects
- Get involved in the life and development of the association by attending our General Meeting

For more information, please contact us:
by phone on 022 755 35 75 or by email: info@fhsuisse.org

Membership fees

Adult:

CHF 100.- per year

Young person (under 25):

CHF 40.- per year

Family:

CHF 150.- per year

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